Assignment:

SPOTTING AND STOPPING BULLYING

Recognize the signs:
- Hearing name calling...witnessing physical intimidation
- Changes in personality, mood, or behavior
- Unexplained injuries - torn clothes
- Often seeking isolation and withdrawal
- Expression of suicidal thoughts

What I can do to help:
- Don’t encourage it
- Don’t ignore it  -I CAN HELP!
- Don’t let someone suffer in silence
- Tell someone you can trust  - TELL A TEACHER
- Be kind to someone being bullied

ENDING BULLYING STARTS WITH YOU. TALK TO A FRIEND. TELL AN ADULT.

For questions and answers
dial 2-1-1 or 954-567-TEEN

For more information, visit browardsheriff.org