Accidental injuries are a leading cause of death among children in the United States. The most common causes of injuries leading to death among children include motor vehicle crashes, suffocation, drowning, poisoning, fire and burn-related injuries and falls.

Preventing injuries can be challenging, but learning how to protect children is essential. It is everyone’s responsibility to Keep Kids Safe.

**ACCIDENTAL SUCCOFICATION**

- Babies sleep safest ALONE. ON THEIR BACKS AND IN A CRIB.
- Place babies to sleep in a crib or bassinet on a firm mattress covered only by a fitted sheet.

- Always keep a baby’s crib or bassinet FREE FROM TOYS, SOFT BEDDING, BLANKETS and PILLOWS.

**DROWNING PREVENTION**

Provide constant, close and competent adult supervision of children at all times, in or near the water.

- Pools and spas should always be closed and equipped with barriers and alarms.
- Learn how to perform rescue breathing and CPR. Keep a phone and rescue equipment poolside.

**WATER EMERGENCY PLAN**

1. **MAKE SURE SOMEONE CALLS 9-1-1.**
2. **CHECK FOR RESPONSIVENESS** ONCE THE VICTIM IS OUT OF THE WATER AND LYING ON A FIRM, FLAT SURFACE.
3. **PERFORM CPR, IF NECESSARY.**

**GIVE TWO BREATHS:** If the victim is not breathing normally, pinch their nose, cover their mouth with your mouth and give two full breaths.

**PUSH 30 TIMES:** Position your hands in the center of the chest. Place one hand on top of the other. Push down hard and fast 30 times, pressing down on the chest at least two inches.

**REPEAT STEPS 1 AND 2 UNTIL HELP ARRIVES.**

Every year in the United States, more than 1,000 CHILDREN, about 3 a DAY, die from unintentional injuries.
EVERYONE IS RESPONSIBLE FOR KEEPING KIDS SAFE

The vast majority of childhood injuries are preventable. You can reduce the risk of injury by making a few practical changes to your home and environment.

- Be attentive.
- Share safety instructions with family, friends and neighbors.
- Be aware of the need for additional safeguards as your child grows.

Babys sleep safest: ALONE, on their BACKS and in a CRIB.

- Secure televisions, bookcases and dressers to the wall.
- Use cordless window treatments and clear the room of strings, electrical cords and wires.
- Always watch a child in the bath.
- If a child is missing, check the water first.
- Keep choking hazards away from children.
- Lock away medicine, cleaning products and pesticides.
- If you’re concerned about a possible poisoning, call Poison Control at 1-800-222-1222.
- Learn CPR and first aid.
- Screens are not designed to prevent falls; you can protect children by safeguarding windows with window stops.

FOR MORE INFORMATION, CALL 954-831-8210

FOR MORE INFORMATION, PLEASE VISIT SHERIFF.ORG