

Broward County Sheriff's Office

WATER EMERGENCY PLAN

Step 1 Call 911

Step 2 A. If **unconscious**, bring flotation device with you in the water (i.e. pool noodle) when retrieving the victim

B. If victim is struggling, (**never jump in after someone**, they can pull you under!) Reach or throw, don't go!

Take any object that extends your reach

Pull victim to safety

If victim is too far to reach, throw them something that floats

Step 3 Perform **CPR** if necessary

IS THIS DOOR LOCKED AND ALARMED?



#SaferBy4



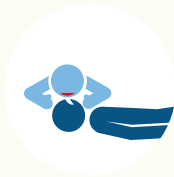
Sheriff Scott Israel

Broward County Sheriff's Office

Call 9-1-1



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Give Two Breaths

If not breathing normally, pinch nose and over mouth with your mouth and give two full breaths.



Push 30 times

Position your hands on the center of the chest. Place one hand on top of the other. Push down firmly two inches and push the chest 30 times, hard and fast.

REPEAT STEPS 1 AND 2, PROVIDING 2 BREATHS AND 30 PUSHES, UNTIL HELP ARRIVES.



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Sheriff Scott Israel